

Personal Development Plan

The information on this form will start your personal development plan (PDP). The PDP will continue with you throughout your case. We review it together every other month or more often if necessary.

SSP: _____

Start Date: _____

End Date: _____

Client: _____

GOALS

- 1.
- 2.
- 3.
- 4.
- 5.

By signing this PDD you agree to work on the above goals that you have identified.

Date:

Client Signature: _____

SSP Signature: _____

Month: _____

Goal#1: _____

Action Steps

Client		SSP		MDT	

Progress

Client		SSP		MDT	

The Girls Specialist position is supported by the *Girls Initiative Program* of the Hyams Foundation.

Month: _____

Goal#2: _____

Action Steps

Client		SSP		MDT	

Progress

Client		SSP		MDT	

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Month: _____

Goal #3: _____

Action Steps

Client		SSP		MDT	

Progress

Client		SSP		MDT	

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Month: _____

Goal#4: _____

Action Steps

Client		SSP		MDT	

Progress

Client		SSP		MDT	

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Month: _____

Goal#5: _____

Action Steps

Client		SSP		MDT	

Progress

Client		SSP		MDT	

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Personal Development Plan Key

Purpose

The purpose of the Personal Development Plan is for clients, lawyers, social workers, family members, and others to identify goals that they would like to work on over the course of the case. By completing the PDP the MDT and the client agree to actively work on attaining the goals set in the PDP. The PDP will serve as a tool to guide clients and the defense team through the process of setting and attaining goals.

Instructions

The PDP should be completed by the SSP and the client. The SSP should engage the client in a dialogue about his/her goals or wants over the course of a six month period. The goals should be attainable and concrete. The SSP should keep in mind the five domains of the Youth Development Model when discussing the client's goals. The domains of the Youth Development Model are listed at the bottom of the page. The lawyers should be involved in this process to connect the legal goals and then YD goals.

The PDP should be signed by the client and SSP on the start date of the PDP. By signing the PDP the client and the SSP agree to work on the goals set in the PDP. The PDP will be reviewed every other month to monitor the progress towards meeting the client's goals.

Youth Development Domains

- I. Physical and Mental Health
- II. Nurturing Relationships with Adults and Positive relationships with peers
- III. Safe Places
- IV. Education and Economic Opportunity
- V. Community Service and Civic Opportunity